

Get It Back

Focus: Meeting others, mixing

Sequence: Ice Breaker

Materials: Blank index cards and pens

Sources: *The More the Merrier* (2008) by Cavert, Sikes, and Evans.

Suggested Procedure

1. Give everyone an index card and a pen.
2. Ask them to write their name on the card and one thing about themselves that they don't mind sharing with others. It can be as simple as: "I have a dog named Ginger."
3. Each person then goes up to someone else introduces themselves and shares what they have on their own card.
4. **They then trade cards.**
5. The next person they meet they introduce themselves, then point out the person they have on their card and say what is on the card.
6. **They then trade cards.**
7. Continue meeting others and pointing out who is on their card. When the time is up (3 – 5 minutes), have everyone stand to the left of the person on the card they are holding. You may get one circle, or many circles.
8. Have each person introduce the person who is on their card.

Sample Processing Questions

- Did you learn any names during this activity?
- Did you learn anything about another person (or persons) in the group?
- What are other ways to get to know people when you are in a group?
- What are some strategies for introducing yourself to new people? What are some conversation starters?
- Why is it important to develop the skills to meet new people?

Facilitation Notes

Before starting this activity, it is important to note that the only person one has to remember is the person on the card they are carrying at the moment. It is not necessary to remember everyone. Noting this will help alleviate some anxiety. If working with younger people, it may be useful for you to not be involved directly, but stand back to help those who might have a difficult time mingling.