

See Ya

Focus: Meeting others, mixing, inclusion

Sequence: Ice Breaker

Materials: None

Sources: *The More the Merrier*, p. 192

Suggested Procedure

1. Get into small groups of 4 – 6 people.
2. Ask the groups to find the person in their group who...
Has the longest hair,
has traveled the furthest this year,
got up the earliest today,
etc.
3. Once that person is chosen in each group, you say “Ready?”
4. Everyone then waves and says “See ya!”
5. The person who was chosen from the small group goes off to find another group.
6. Meanwhile everyone else has their arms in the air shouting “Over here, over here, over here...!” as a way to invite those looking for a group a place to go.

Sample Processing Questions

- How was it working with people you didn't know or generally don't do things with?
- Why might it be important to be able to work with everyone in our group?
- How did it feel to be invited into a group, or invite someone else into your group?
- How do we invite people into our group, especially those who are new to the program or the area?

Facilitation Notes

Keep an eye out for those who are searching for a group, and help guide them toward a group that needs someone. If there are a different number of people in each group, that's fine as long as there are at least two or three. The point is to give people a chance to feel included.

We did the following activities in the groups:

Acronyms (pairs or groups): In small groups of 3 - 4, they create an acronym using the first letter of each person's name. So a group with J, K, L and C might create: Lovely Jokes Crash Kites or Little Kittens Chew Jujubes.

Get the Point (pairs or groups): Partners face each other and put their left hand out, palm up. With their other hand, place their pointer finger in the palm of their partner. When you say 'GO', they are to try and catch the finger of their partner, while trying to not let their finger get caught. Try this a few times and note the reaction (which usually includes lots of laughing)

Celebration (pairs or groups): Partners create some way to celebrate -- high fives, a dance, a cheer, etc. Then, throughout the day, when someone yells 'celebrate' they must find their partner and celebrate with them. (From Jim Dunn)

Leaning (Pairs): Have people pair up and stand back-to-back. The object is to lean on each other's backs and move their feet out so that they lean further and further. Talk about what it took to be safe, and prove to your partner that you were trustworthy