

The Art and Science of Facilitation  
MSCR  
June 16, 2010

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"Never has youth been exposed to such dangers of both perversion and arrest as in our own land and day."  
*G.S. Hall, Psychologist (1844-1924)*

"The world is passing through troubled times. The young people of today think of nothing but themselves."  
*Peter the Hermit, French monk in the First Crusade (1050-1115)*

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"Youth love luxury. They have bad manners. They are tyrants. They contradict their parents, talk too much nonsense, guzzle their food, and tyrannize their teachers."  
*Socrates, Greek philosopher (470-399BC)*

"Today's young people no longer respect their parents. They are rude and impatient. They have no self-control."  
*Hieroglyphic translated from Egyptian tomb (circa 4000BC)*

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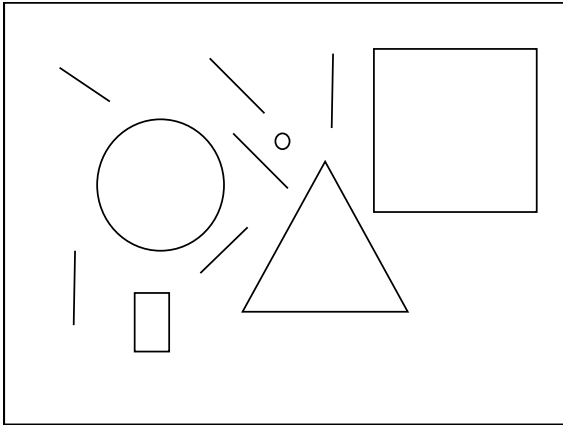
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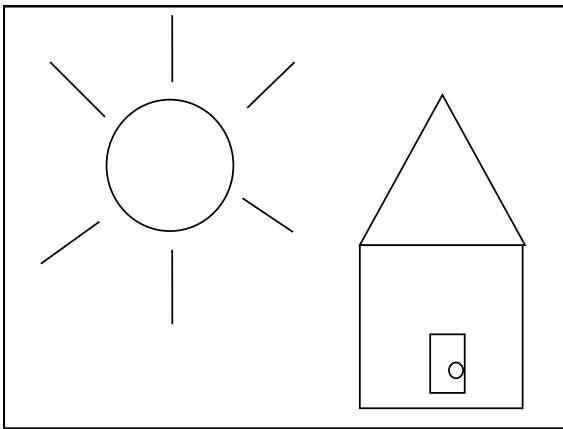
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**SEQUENCE**

Getting Acquainted	Learning to Trust & Depend on Each Other	Setting Goals
<ul style="list-style-type: none"> <li>• Learn Names</li> <li>• Get to know each other</li> <li>• Exploring differences and similarities</li> <li>• Introduce idea of community and interdependence</li> <li>• Break down developing barriers</li> <li>• Inclusion</li> <li>• Laughing with (and not at) each other</li> <li>• Put ups vs. put downs</li> </ul>	<ul style="list-style-type: none"> <li>• Making Mistakes</li> <li>• Integrity</li> <li>• Risk Taking</li> <li>• Making choices about what is right</li> <li>• Being responsible for safety of self and others</li> <li>• Physical and emotional safety/trust</li> <li>• Trustworthiness</li> </ul>	<ul style="list-style-type: none"> <li>• Individual and group goals</li> <li>• Setting realistic goals</li> <li>• Obstacles to reaching goals</li> <li>• Frustration</li> <li>• Focusing on what one can control</li> <li>• Empowerment</li> <li>• Supporting each other in attaining goals</li> <li>• Short term and long term goals</li> </ul>

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Using Communication Skills	Problem Solving & Conflict Resolution	Extensions
<ul style="list-style-type: none"> <li>• Active listening</li> <li>• Taking turns in conversation</li> <li>• Using "I" messages</li> <li>• Communicating feelings (feelings literacy)</li> <li>• Including everyone in conversation</li> <li>• Stating needs</li> </ul>	<ul style="list-style-type: none"> <li>• Decision making/problem solving</li> <li>• Win-win solutions</li> <li>• Brainstorming</li> <li>• Identifying common interests</li> <li>• Perspective taking</li> <li>• Giving and receiving help</li> <li>• Needs vs. wants</li> <li>• Proactive vs. reactive approaches to problem solving</li> <li>• Internal vs. external locus of control</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership</li> <li>• Group decision making</li> <li>• Modeling</li> <li>• Service Learning</li> </ul>

**SEQUENCE**

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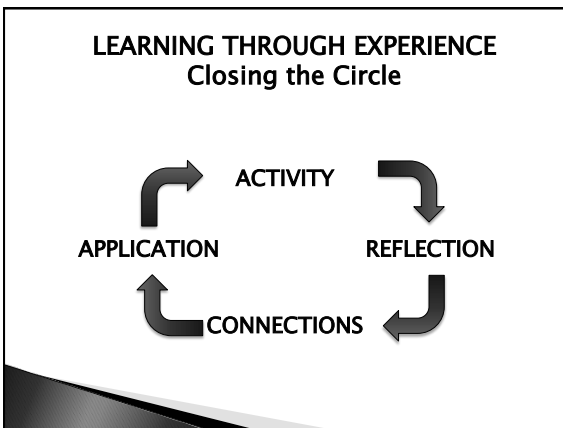
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**The Tightrope Walker**  
 Once there was a tightrope walker who performed unbelievable aerial feats. All Over Paris, he had done tightrope acts at Great heights. He followed his initial acts With succeeding ones, while pushing a Wheelbarrow. A promoter in America (sic) heard about this and Wrote to him, inviting the daredevil to perform \_\_\_\_\_ his act over the waters and dangers of Niagara Falls. He added, "I don't believe you can do it...."




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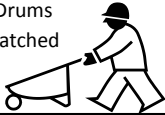
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The tightrope walker accepted the challenge. After much promotion and planning, the man appeared before a huge crowd gathered to see the event. He was To start on the Canadian side and walk to The American side. Drums rolled and Everyone gasped as they watched The performer walk across the wire blindfolded with a wheelbarrow. When he stepped off on the American side, The crowd went wild. Then the tightrope walker turned to the promoter and said, "Well, now do you believe I can do it?"



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"Sure I do," the promoter answered. "I just saw you do it."

"No, no, no," said the tightrope walker. "Do you really believe I Can do it?"

"I just said I did."

"I mean do you really believe?"

"Yes, I believe!"



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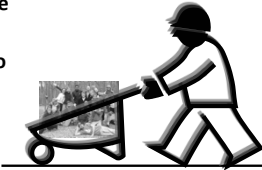
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"Good," said the tightrope walker, "then get in the wheelbarrow and we'll go Back to the other side."

*Tim Hansel*



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For a copy of this PowerPoint and activities  
[www.goalconsulting.org](http://www.goalconsulting.org)

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