

RPS Train

Focus: Mixing and involvement

Materials: None

Sequence: Deinhbitizer

Suggested Procedure

1. Have students get into random groups of a 4 – 7 people.
2. Make sure everyone knows how to play rock, paper, scissors
3. Ask them to line up one behind the other with their hands on the shoulders of the person in front of them.
4. Each line moves around the room until the person in the front of a line meets up with the person in the front of another line.
5. Those two people play a round of rock, paper, scissors until someone “wins”.
6. The train who “wins” gets to have the person who played rock, paper, scissors from the other train join them as the caboose.
7. Both trains, then, continue to find other trains with which to play rock, paper, scissors.
8. As play continues, some trains will become shorter while others become longer as people join different trains along the way.

Sample Processing Questions for Name Tag

- How were people involved in this activity?
- Were you engaged in the activity even if you weren't the person doing the rock, paper, scissors? How?
- What does it mean to be involved and engaged when working or playing together?
- How can people do different things and still be involved?

Facilitation Notes

This activity is rather straight forward, but it does require that people in the group be willing to touch each other's shoulders and act a bit silly as they move around the room in trains. Because everyone is included in one way or another, it opens the door for good conversation about inclusion and engagement, and could be a good activity when preparing for group work.