

Groupings

Focus: Meeting others, mixing

Sequence: Ice Breaker

Materials: None

Sources: *Frank Fry*

Suggested Procedure

1. Randomly get into pairs.
2. Introduce selves and either do an activity or answer a question.
3. Then in triads.
4. Get into four squares, high fives, six-packs and seven-up groups, each time finding different people to group with.
5. Each time have them do an activity or answer a question.

Sample Processing Questions

- Who were you able to meet that you didn't know before?
- What strategy did you use to find people to group with?
- What strategies did you use to find your groups a second or third time?
- How easy or difficult is it for you to go up to meet someone for the first time?
- What are some strategies for connecting with a new person or people?

Facilitation Notes

If you are simply looking for a way to mix, then don't have each group do an activity between groupings. Just keep calling out the different groups and have them keep finding the same people as before. It's interesting to see the strategies that get used to make it work.

As you get to the higher numbers, it may be impossible to find a full group of people different from the other groups they have been in, so acknowledge that they will probably need to have some overlap between groups.

Activities we did:

Pairs: Handshake

Triads: Greeting (Namaste, ASL hello, Ni hao, bow, other)

Four Squares (Group motion)

High Fives (group high five)

Sixes (dance move or cheer)