

Fruit Basket

Focus: Cooperation & trust

Level: Kinder & 1st

Materials: (all are optional) chairs, individual cards with a picture of a fruit on them, fruit stickers

Sources: Adapted from an activity found at www.youthlearn.org

Procedure:

- class sits in a circle on chairs with one person standing in the middle (so one less chair than the number of students playing)
- students are equally divided between three fruits (ex. Apples, oranges. Bananas)
- middle person calls out a fruit ex. “apples” and all the apples change chairs, including the middle person
- the student left with out a chair becomes the new caller
- caller can say “fruit basket” and then all students have to change chairs

Pre-activity: Have a discussion about safety and possible rules kids would like to have.

Post-activity: Ask students what they liked about the activity and what they didn't like about the activity. Answers and discussion will help to build cooperation and trust with the group.

Adaptations:

- Have chairs facing out from the circle so students are standing with their back to the back of the chair
- Mark with masking tape on the floor the places for each student to stand or sit
- Use stickers or cards with fruit pictures on them to help students remember which fruit they are. Who ever is the new caller passes his/her fruit card/sticker on to the previous caller.